

May 2023

A monthly community driven newsletter for Redwood Meadows and surrounding areas



Chatter

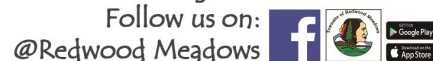
- IN THE WOODS -

Read the CHATTER online at

www.redwoodmeadows.ab.ca

Let's get social!

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Hello Redwooders and Neighbours,

Spring is here! And with the warmer weather comes the second-to-last edition of the Chatter before we take our regular summer break for July and August. If you would like to see the Chatter continue in the fall, please consider taking on the Editor in Chief position. I promise, it is a fun and rewarding way to participate in the community!

Rebecca Parzen
Chatter Editor

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HELP WANTED!

**Editor in Chief
for the RMCA Chatter**

The RMCA is looking for a new Editor in Chief for our beloved community newsletter. Contact info@rmca.ca for further details.

COUNCIL CORNER: APRIL UPDATES



Dear Redwooders,

The accountancy firm, MNP, has again been retained to produce the Yearly Financial Audit for the Townsite of Redwood Meadows. They presented an outline to Council on the changes and process of producing the document to Council and alerted us to changes in the reporting cycle as well as upcoming considerations for the 2024 audit.

The Liaison Committee met with the Nation during April to ensure the conditions and guidelines are being met as outlined in the Lease agreement. Many of our structural bylaws need updating to current standards and to conform with government and Nation criteria.

Negotiations with the legal firm representing Townsite were conducted with an outcome of mutual agreement in respect to the billing and interpretation of the existing bylaws.

Several resumes have been received for the position of CAO or Townsite Manager. The interview process will begin, and a selection made as soon as possible. A job posting for a bookkeeper for Pat Evans to be able to train prior to her retirement has been completed.

Other items discussed were the potential new cellular tower(s) and the deficiencies of the existing tower, the potential sale of the composter, and the production and finalization of the tax notices that usually occur during late April.

Dates for the upcoming Annual General Meeting and townhall have been finalized. The Townhall date is set for May 10 and the AGM on May 30, with a by-election scheduled for June 22. Council is actively looking for new members with new ideas and commitment. We are particularly looking for more diversity to have broader and more well-rounded perspectives. Please consider putting forth your name.

Our sad news is the loss of a Redwood Meadows Emergency Services member in Jason (Jay) Low who was a member for 31 years having joined at the tender age of 18. We urge you to give thanks to our fire and emergency response people from not only here but everywhere. They protect us and deal with care and compassion when we are faced with situations when we have sought their expertise either on request or in an emergency situation.

Our thoughts are with our great members of RMES, and the Low and Evans families. We cannot begin to thank you for all the service and care you provide for us.

Mayor Paul Sawler, on behalf of Council

OBITUARY FOR FIRE COMMUNICATIONS OFFICER JASON LOW



April 15th was a day we all fear as first responders, a call to a brother's house.

Fire Communications Officer (FCO) Jason Low suffered a medical emergency. Despite the efforts of our members, Alberta Health Services from Priddis, and the STARS air medical crew, FCO Low subsequently passed away.



The fire service has always been a family affair for the Low family. Jason, and his sister, RMES Captain Jennifer Evans, were raised in the fire service with their dad, RMES Deputy Chief George Low, serving as a volunteer firefighter at the Pickering fire department in Ontario for 11 years before they moved to Alberta. Jason joined Redwood Meadows Emergency Services on his 18th birthday, serving the greater Redwood Meadows and Bragg Creek area for 31-years as FCO, volunteer firefighter and EMT, in addition to working at Calgary 9-1-1.

Jason used his knowledge to not only program all radios in the RMES inventory, but also passed that information onto other departments such as Tsuut'ina, Nakoda, Kananaskis and others.

Thank you to our community and especially our partners at Calgary 9-1-1, AHS dispatch, Priddis 1A1, STARS and Rockyview Fire for your support of RMES and our members during this difficult time.

On behalf of the Evans-Low family, a personal and heartfelt thanks to the community for wrapping your arms around us as we deal with the devastating loss of our son, brother and uncle.

Chief Rob Evans
Redwood Meadows Emergency Services

CHATTER IN THE WOODS

Chatter in the Woods is a volunteer-run newsletter with all advertising proceeds supporting the Redwood Meadows Community Association (RMCA). The Chatter is published the first day of every month except July and August. It is distributed electronically to more than 300 email addresses, posted online at www.redwoodmeadows.ab.ca, and a link is posted on several community Facebook pages. Print copies are available at the mailboxes in Redwood Meadows, at Redwood House, and at the Bragg Creek Community Centre.

Receive a link to the Chatter on the first day of each month by emailing us at: theredwoodchatter@gmail.com

ADVERTISING RATES

Business Card	\$36/month
Quarter Page	\$53/month
Half Page	\$76/month
Full Page	\$144/month
Business Listing	\$50/year (10 months)

ADVERTISEMENT SIZES

Business Card:	2 1/2" h X 3 3/4" w
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Half Page (vertical):	9 3/4" h X 3 3/4" w
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Full Page (vertical):	9 3/4" h X 7 1/2" w

PNG and JPG files reproduce best in print and online.

Discount rates are offered for five-month or ten-month commitments.

Send your advertisement to:
theredwoodchatter@gmail.com

Send your payment to:
E-transfer: payment@rmca.ca (subject: Chatter)
Cheque: Drop off at Redwood House

The deadline for submission is the 20th of the month prior to publication. All articles and photograph submissions must be signed or credited.

Chatter in the Woods and RMCA are not responsible for the content or accuracy of articles printed. The views reflected in this newsletter do not reflect the views of the editors.



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(Sunday School runs Sept - July and nursery space is available for parent use)*

*For youth, business lunches, and other program info please visit our website
and sign up for our email list, which sends out the most up-to-date info*

You can also still join us virtually on Facebook Live or YouTube

Pastor Dave Zimmerman • braggcreekcommunitychurch@gmail.com

www.braggcreekchurch.ca

All Welcome!

RMCA ACTIVITIES AND TOWNSITE UPDATES

COUNCIL MEETING

May 1 | 7pm | Redwood House

TOWNHALL MEETING

May 10 | 7pm | Redwood House

ANNUAL GENERAL MEETING,

TOWNSITE OF REDWOOD MEADOWS

May 30 | Time: TBA | Redwood House

SPORTS DAY

May 27 | 11am - 4pm | Curtis Field

Come try out a variety of sports, free of charge. Open to all ages. Registration information is available on the back cover.

BY-ELECTIONS FOR REDWOOD MEADOWS COUNCIL

Nomination Day: closes on June 1 at pm

By-Election: June 22 | Redwood House

COMMUNITY CAFE

June 2 | 10:30am - 12pm | Redwood House |

Come enjoy the company of your neighbors. Coffee and home-baked treats are provided. \$3/person.

PLAY GROUP

Tuesdays | 9:30 - 11am | Redwood House

Playdough, coloring, crafts, toys, books and most importantly, coffee and tea!

TOWNSITE OFFICE

1 Manyhorses Dr. | Redwood Meadows | T3Z1A4
403-949-3563 | admin@redwoodmeadows.ab.ca

RMCA CONTACT INFORMATION

info@rmca.ca

Facebook: <https://www.facebook.com/redwoodmeadowscommunityassociation>



NOTICE OF NOMINATION DAY – JUNE 1, 2023

TOWN COUNCIL – REDWOOD MEADOWS

BY-ELECTION – JUNE 22, 2023

Notice is hereby given that Nomination Day is June 1st, 2023 and that Nominations for the election of candidates for the following office must be received at Redwood House **prior to 12:00 Noon** on Nomination Day.

Nomination Forms are available at the Townsite's office #1 Manyhorses Drive, between 8:30 AM and 4:30 PM from April 21st, 2023 to June 1st, 2023.

Office

Councillor

Number of Vacancies

3

TOWNSITE OF REDWOOD MEADOWS ADMINISTRATION SOCIETY

Dated at the Townsite of Redwood Meadows in the Province of Alberta, this 21st Day of April in the year 2023 A.D.


Returning Officer



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LOCAL BUSINESS LISTINGS

Angela Madeiros, IG Wealth Management	403-585-2109	angela.hancock@ig.ca
Angela Price, Century 21 Elevate Real Estate	403-923-3159	angela.price@century21.ca / priceandcompany.ca
Ann Sullivan, SafariWorks Fitness Classes	403-689-4835	anns@safari.ca / Fit.safari.ca
Big Earl's Dirt & Snow - Rich Kilbride	587-830-2447	rkilbride@bigearls.ca / BigEarls.ca
Blue Ribbon Kennels	403-949-2963	BRKon762@gmail.com / www.blueribbonkennels.ca
Bragg Creek Community Centre	403-949-4277	program@braggcreekca.com
Bragg Creek Plumbing & Heating, Doug Tuttle	403-931-0486	info@braggcreekplumbingandheating.com / www.braggcreekplumbingandheating.com
Blinda Bilou - Interior Design & Renovation	403-461-9748	bdbilou@gmail.com / BlindaBilouInteriors.ca
Bragg Creek Community Church	403-949-2072	braggcreekcommunitychurch@gmail.com
Cochrane Appliance Repair	403-899-5041	service@cochraneappliance.com / cochraneappliance.com
Candace Hendrickson, RE/MAX Real Estate	403-681-4391	candace@candacehendrickson.com / candacehendrickson.com
Candace Perko, Countryside Financial	403-560-6016	cperko@countrysidefinancial.ca
Cochrane Public Library	403-709-0346	Andrea.Johnston@cochranepubliclibrary.ca
Deborah Clark, Century 21 Bamber Realty Ltd.	403-835-3385	dclark@realestatwestofcalgary.com / realestatwestofcalgary.com
Dieter Hendrickson, RE/MAX Real Estate	403-612-7849	dieter@remaxbraggcreek.com / www.remaxbraggcreek.com
Harder & Sons, Exterior Maintenance Services	403-949-3442	info@exteriormaintenance.ca / exteriormaintenance.ca
Kamp Kiwanis	403-686-6325	general@kampkiwanis.ca / www.kampkiwanis.ca
Dr. Karen Massey, Registered Psychologist	403-390-1815	drkaren@emerge.ca / www.emerge.ca
KAT Automotive	403-850-1043	kevin@katautomotive.ca / katautomotive.ca
Kathleen Burk, RE/MAX Realty Professionals	403-818-8049	kathleenburk@remax.net / braggcreekredwoodmeadows.com
Ken Barrie, Century 21 Bamber Realty Ltd.	403-975-0334	ken@newdirectionrealestate.ca / realestatwestofcalgary.com
Leader Service and Renovations Ltd.	403-996-0192	chris@leaderservice.ca / 35 Sleigh Dr.
Linda Anderson Law	403-243-6400	linda@lindaandersonlaw.com / 403-949-4248
Maverick Law	403-949-3339	admin@mavericklaw.ca / www.mavericklaw.ca
Mountain's Edge Renovations	403-949-7727	4wolves@persona.ca / www.mountainedgerenovations.com
Redwood Meadows Emergency Services	403-949-2012	www.rmesfire.org Call 911 in an Emergency
Redwood Meadows Tae Kwon Do School		redwoodtaekwondo@gmail.com / redwoodtaekwondo.com
Refining Fire Metalworks (welding)	403-589-6594	bdbilou@gmail.com
Skywalker Electrical Systems, Robert Cordsen	403-804-8072	info@skywalkerelectrical.ca / www.skywalkerelectrical.ca
Yoga Spirit, Inc.		info@yogaspirt.ca / yogaspirt.ca / 12 Balsam Ave, Bragg Creek

*****List your business for only \$50/year. Contact theredwoodchatter@gmail.com *****



You could use a trim. And we're not talking about you.

A healthy yard is a good reflection on you.

Did you know being one step ahead with pruning means developing proper growth patterns that don't conflict with your property's structures or other vegetation, attracts birds and wildlife, and most importantly, protects trees or shrubs which is good for the environment? And that's just the first step.

As exercise is good for your body, so is pruning to your trees and shrubs for your garden. Don't know where to start? Give us a call and let us provide you with a health care program for your yard. Maintaining a healthy yard brings more enjoyment and pleasure alleviating unnecessary cleanup and repair costs after it's too late. Think of us as your yard's fitness coach.



HARDER

that's how we work

403.949.3442

info@exteriormaintenance.ca
exteriormaintenance.ca

REDWOOD MEADOWS EMERGENCY SERVICES

Spring is FINALLY here!



Redwood Meadows Emergency Services wants to ensure you have a safe, enjoyable time returning to your outdoor grilling activities. Here are some good tips to keep in mind:

Barbecue grills must only be used outdoors. Using grills indoors or in enclosed spaces is not only a fire hazard, it exposes occupants to toxic gases and potential asphyxiation.

Always position the grill away from combustible objects, including buildings, fences, deck railings and landscaping that can easily and quickly ignite.

Get your grill cleaned and serviced. Check all propane tanks and lines for leaks and damage.

Never leave a lit grill unattended.

Always use long handled grilling utensils and heat-resistant mitts to avoid exposure burns from heat and flames.

Periodically remove grease build-up in catch-trays to prevent it from igniting.

Keep a garden hose nearby, connected, and ready for use in case of fire.

Until next month, stay safe!

THE BRAGG CREEK AND AREA CHAMBER OF COMMERCE



**Invites you to join
our meetings!
Every third Wednesday at
The Post House Inn
@ 7:00PM**

To register or find more information go to www.visitbraggcreek.com

NEED HELP?



FOR ALL EMERGENCIES:	911
FOOD	
Cochrane Activettes Food Bank	403-851-2250
Bragg Creek Community Centre	403-949-4277
Tsuut'ina Food Bank	403-252-5884
EMPLOYMENT SUPPORT	
Rocky View / Wheatland Employment Centre https://rwemploymentservices.com/	403-709-0010
Tsuut'ina Nation Official Website https://tsuutinanation.com/jobs/	403-281-4455
FINANCIAL SUPPORT	
Alberta Income Support https://www.alberta.ca/income-support.aspx	1-877-644-5135
Money Mentors – Alberta Debt Relief https://moneymentors.ca/	1-888-294-0076
Tsuut'ina Income Support department	403-238-6406
TSUUT'INA POLICE NON EMERGENCY:	
Tsuut'ina Nation Police Service Non-Emergency	403-271-3777
Tsuut'ina Nation Police Service Office Line	403-251-9660
SUPPORT LINES:	
Access Mental Health - Alberta Health Services	1-844-943-1500
Boys and Girls Club of Cochrane and Area - Youth Support, ages 12-22	403-618-3149
Calgary Youth Drug Line	403-269-3784
Child Abuse Hotline	1-800-387-5437
Cochrane & Area Family and Community Support Service (FCSS)	403-851-2250
Cochrane & Area Victim Services http://www.cochranevictimservices.ca/	403-851-8055
Cochrane Family Resource Network	403-851-2265
Distress Centre Crisis Support (24hr)	403-266-4357
Domestic Violence Support – Big Hill Haven, Cochrane	403-796-6564 or 403-437-4636
Domestic Violence Support – Tsuut'ina Spirit Healing Lodge	403-852-9929
Domestic Violence Support – Rowan House, High River	1-855-652-3311
Indigenous Crisis Support (24hr)	1-855-242-3310
Kids Help Phone (24hr)	1-800-668-6868
Rural Outreach Support Worker (Information, Resources and Support)	403-851-2286



The Rural Community Support Program provides rural residents in West Rocky View County with direct access to free and confidential meetings in Bragg Creek offering:

- support and problem-solving options,
- resource information, and
- referrals and help navigating government systems.

If you or someone you know, has a problem and you're not sure what to do, please contact the Rural Community Support worker. Together, we can discuss solutions, options and first steps.

For more information about this program, please contact:

Sherry Grund
403-851-2250 | sherry.grund@cochrane.ca

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EQUINE ASSISTED LEARNING: WHAT IS IT AND HOW CAN IT HELP YOU?

Equine Assisted Learning (EAL) is an experiential way of growing and overcoming personal obstacle through gentle guidance and interaction with horses. Participants engage in objective-oriented exercises and find themselves learning valuable life lessons and skills in the positive, affirming company of horses. This is one of the long-winded definitions of what EAL is.

If we break that definition into smaller bite-sized pieces, we can look at it as follows:

- Experiential learning is a form of hands-on learning, not the classic theoretical lecturing most of us are used to.
- It is a modality where, as a participant, you work with a horse without riding it. All the work is done on the ground, while leading the horse.
- You typically form a team with two or three humans and one horse.
- Your horse is an integral part of the team and through the work you do with and in your team, you will learn or re-learn valuable life lessons.
- Some of life lessons or life skills learned include: build healthy relationships, gain self confidence, refine communication skills.

Equine Assisted Learning is not therapy, unless your facilitator is a trained counselor or psychologist, and should not be confused with Equine Assisted Therapy. While it is not therapy, it certainly has therapeutic benefits as the horse(s) are extremely intuitive animals.

Why horses? Horses have the extraordinary ability to read our non-verbal communication. Horses don't know or care about our personal histories or backgrounds. They experience us "in the moment" and this is where we can learn to be in the same moment with them.



JENNIFER ILLESCAS
REAL ESTATE

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While a horse is a big animal, it is a prey animal and needs to feel safe. If we can be the gentle leader that can provide them that safety, we are creating a truly unique bond.

If you're open to new experiences, Equine Assisted Learning can help you discover a new path forward with the help of horses.

Kristel Boon
Equine Assisted Learning Facilitator
www.unHaltedHope.com
Instagram: [kristel_unhaltedhope](https://www.instagram.com/kristel_unhaltedhope)



PICAPIX PUZZLE

A picture will evolve as you complete the puzzle. Start with the largest numbers or combination of, colour in squares and proceed to work back and forth between columns and rows.

The three basic rules are:

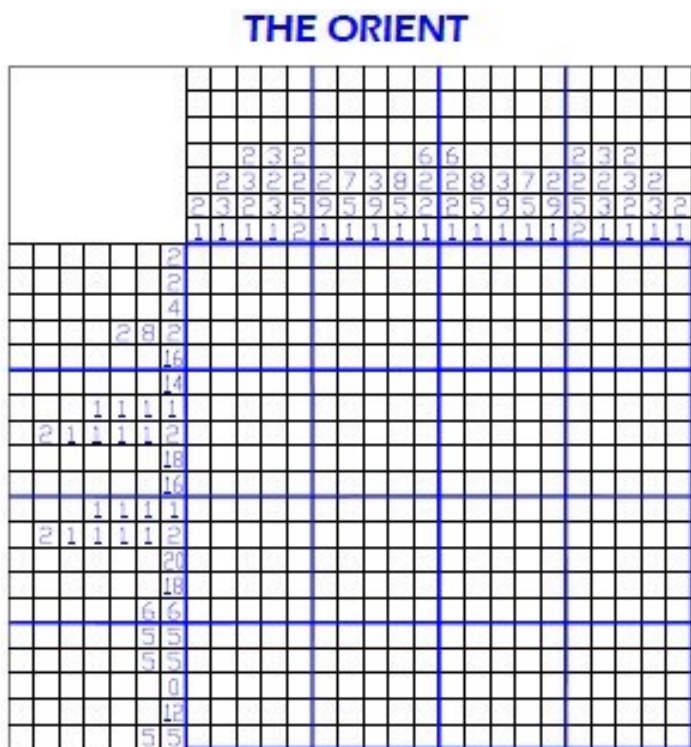
1. Numbers represent how many squares you colour in to form a group or block.
2. Leave at least one square between these blocks.
3. The sequential order of the numbers is the order of the blocks, i.e., top number for a column is the top, block, and left-most number for a row is the left-most block.

The “logic count method” shown below is very useful: The clue at the left of the row is 6, so count 6 squares from the left to right and then count 6 squares from right to left. Confidently shade in the overlapping squares.



This same method can be applied even when there is more than one number, remembering to allow one empty square between groups or blocks. Use a second colour for elimination of background squares.

Created by Diane Baher of Okotoks



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Cochrane, and The Alberta Foothills

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Vehicle damage is also a possibility.

- **Be aware of specific wildlife crossing areas**—Nearby water sources, areas with dense vegetation and zones with posted wildlife crossing signs.
- **Slow down**—Reduce your speed where wildlife is known to be present.
- **Headlights**—Be focused and alert. Wildlife is most active during dawn and dusk. Drive with your eyes scanning the ditches and look for glowing eyes shining in the darkness. Know that headlights can confuse and blind nearby animals. Avoid driving during these times whenever possible.
- **Be prepared to stop**—If you see an animal on the road ahead, slow down and be prepared to stop. Be patient and wait for the animal to cross the road before continuing and know that there may be more animals following. Scan the ditches and edges of the woods before resuming your drive. Beeping your horn or flashing your lights does NOT help and could cause confusion for the animal and increase the chances of a collision.

Now that you know how to prepare yourself for a safe and exciting wilderness adventure, go out there and have some fun!

Happy trails!

For more information, visit www.Braggcreekwild.ca



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MORTGAGE MATTERS: HIGHLIGHTS OF THE TAX-FREE FIRST HOME SAVINGS ACCOUNT

As of April 1, 2023, the government's new program for first-time buyers, the Tax Free First Home Savings Account, or TFHS, came into effect.

Who is eligible to open an FHSA account? You can open a Tax Free First Home Savings Account if you are 18 or older, a resident of Canada, and a first-time homebuyer. To qualify as a first-time buyer, you or your spouse cannot have owned a qualifying home that was used as a principal residence at any time during the year the account is opened or in the four preceding years.

What are the contribution limits? As mentioned above, qualifying first-time buyers can contribute up to \$8,000 per calendar year, up to a maximum total of \$40,000. Any unused portions of the \$8,000 contribution space can be carried forward to the following year. Individuals can hold multiple FHSA accounts but cannot exceed the total contribution limits.

What kinds of investments are eligible within the FHSA? Rules governing investment options within the FHSA are identical to those that apply to TFSAs. Account holders can invest the funds in mutual funds, publicly traded securities, government and corporate bonds and guaranteed investment certificates (GICs). Investments prohibited within the FHSA include non-arm's length investments and investments in assets such as land, shares of private corporations, etc.

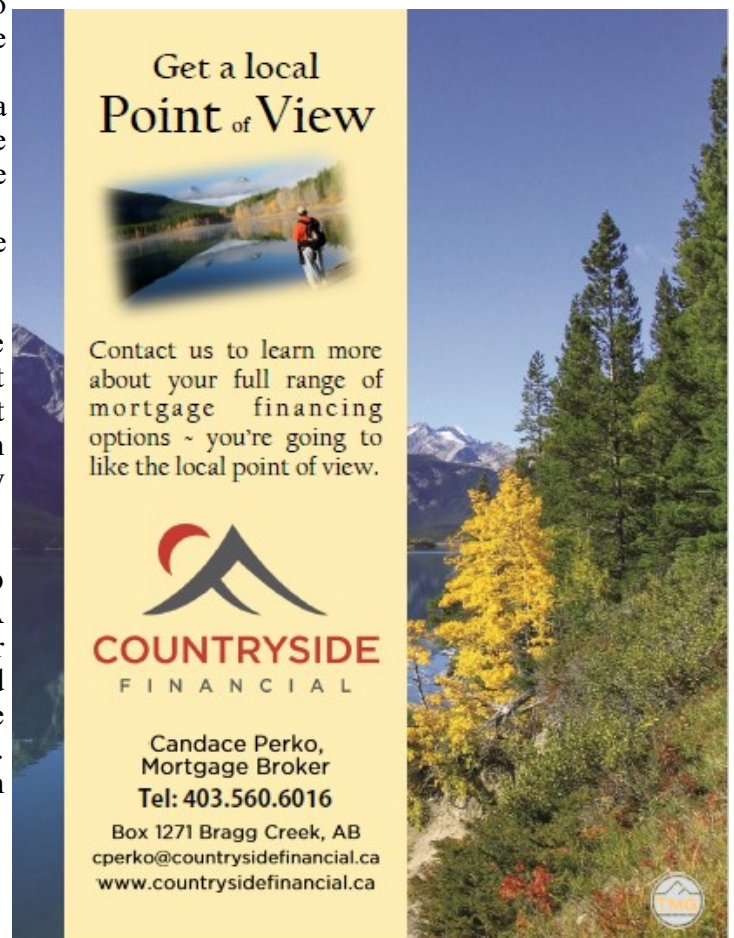
How can funds be withdrawn? Funds can be withdrawn from the FHSA tax-free if they are being used for a qualifying home purchase. To qualify, the purchase must meet these conditions:

- You must be a first-time buyer at the time of the purchase.
- You must have a written agreement to buy or purchase a qualifying home before October 1 of the year following the year of withdrawal and plan to occupy the home as your principal residence within a year after buying or building it.
- The home must be located in Canada. Shares in a cooperative housing corporation that entitles the buyer to possess or have an equity interest in the housing unit would also qualify.
- Withdrawals for qualifying purchases can be made in a single lump sum or in a series of withdrawals.

If there are remaining funds after the purchase, those funds can be transferred to a Registered Retirement Savings Plan (RRSP) or a registered retirement income fund (RRIF) tax-deferred and penalty-free. In this case, the leftover funds must be transferred by December 31 of the following year.

What happens if FHSA funds are not used to purchase a first home? If the funds in the FHSA account aren't used to purchase a first home by either a) the end of the 15th year after the plan was opened or b) the end of the year you turn 71 years old, the account will cease to be an FHSA and must be closed. The unused balance can then be transferred to an RRSP or RRIF or withdrawn on a taxable basis.

*Candace Perko,
Local Mortgage Broker*



Get a local
Point of View

Contact us to learn more about your full range of mortgage financing options ~ you're going to like the local point of view.

COUNTRYSIDE
FINANCIAL

Candace Perko,
Mortgage Broker
Tel: 403.560.6016
Box 1271 Bragg Creek, AB
cperko@countrysidefinancial.ca
www.countrysidefinancial.ca



Walking Through Grief and Loss Support Walk



We cannot change the
outcome, but we can affect
the journey - Aline Richardson

An opportunity to
connect with others in
our community who
are experiencing grief.
We have and continue
to experience many
losses. Our walks offer
a time for peer support
in beautiful Bragg
Creek.

Join us every
Wednesday at 9:30 am.
The meeting place is at
the Bragg Creek
Community Centre just
by the doors. For
those who do not want
to walk, please join us
at Mabel & Marie's for
coffee at 10:30am

For more information please email us at
info@cochranehospicesociety.ca

SWAMP DONKEY
MUSICAL THEATRE PRESENTS:



PERFORMANCES:
May 5-7 & May 12-14, 2023

SWAMP DONKEY THEATRE
16 WHITE AVENUE, BRAGG CREEK

Music by ALAN MENKEN
Lyrics by HOWARD ASHMAN & TIM RICE
Book by LINDA WOOLVERTON
Originally Directed by Robert Jess Roth
Originally Produced by Disney Theatrical Productions

TICKETS & FURTHER INFO:
swampdonkeytheatre.ca



Disney's Beauty and the Beast is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI.

BABYSITTER LIST

NAME	AGE	QUALIFICATIONS / COURSES	CONTACT INFORMATION
Andrea	13	Red Cross babysitter course	587-581-6643 andreaabboud@gmail.com
Andreas	13	Action First Aid "The Babysitting Course"	403-498-9595 dreeangles@gmail.com
Ella	12	Babysitter Course	403-470-6411
Hunter	14	Red Cross Home Alone, Babysitter Course	403-874-4402
Clara	12	Babysitter Course, First aid	403-540-5427
Kinley	13	Babysitter Course	403-899-4914 kinleyroberts13@gmail.com
Kyle	14	Babysitter Course	403-470-6411
Lila	14		403-860-9525
Shawn	12	Red Cross Home Alone, Babysitter Course	shawnmacpherson08@icloud.com

TO ADD, DELETE, OR EDIT A LISTING, PLEASE CONTACT THEREDWOODCHATTER@GMAIL.COM

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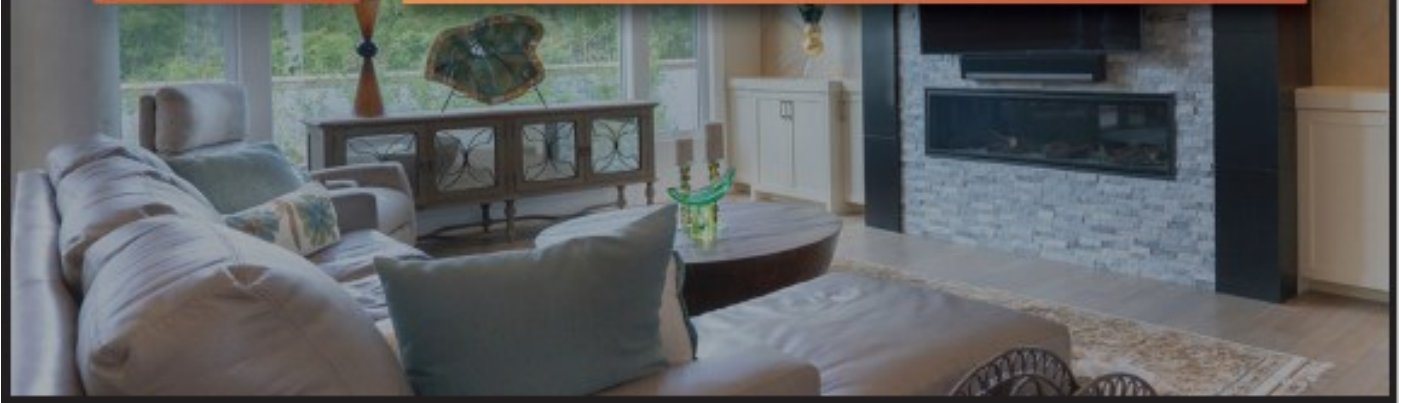
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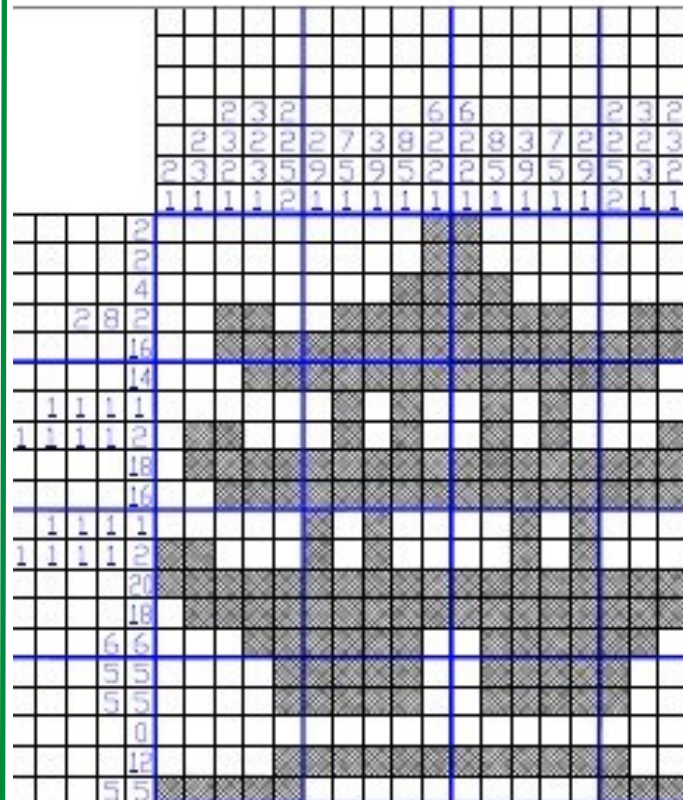
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CURTIS FIELD IN
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The day will be an amazing opportunity for kids from all over the area and of all ages (ages 4 thru 99) to be exposed to sports that they haven't had the opportunity to try!

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